

“枫香脂”小考——以本草文献为中心*

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摘 要:枫香脂为金缕梅科植物枫香树的干燥树脂。早期枫香脂多产自南方,西汉时期长安开始引种枫香树,宋明以后南方及关陕地区都成为其主产区。枫香脂的采收古今一致,夏季割树皮,待其分泌树脂,于冬季采收。古代枫香脂的加工炮制主要有阴干法、晒干法和水火共制法。枫香脂的活性成分具有活血化瘀、抑制癌细胞生长等功效,故现行《中华人民共和国药典》仅保留阴干法,以尽可能保留其活性成分。枫香脂的掺伪造假自古有之,多是以松香冒充,宋代时提出以火试法鉴别,沿用至今。该文通过查阅本草古籍、医典方书、历史文献和现代文献,考证枫香脂的名称、基原、产地、采收、加工炮制和鉴别方法,为枫香脂的正本清源和开发利用提供参考。

关键词: 枫香脂; 枫香树; 本草文献; 基原

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A Brief Examination of Fengxiangzhi —— Focusing on Herbal Medicinal Literature Hu Jiahu

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Abstract: Liquidambaris Resina, the dried resin extracted from the Liquidambar formosana of the family Hamamelidaceae, has historical roots predominantly in the southern regions of China. By the Western Han Dynasty, the cultivation of sweetgum trees extended to Chang'an. Post-Song Dynasty, southern China and the Guanzhong region in Shaanxi became the primary production areas for Liquidambaris Resina. The harvesting methods of Liquidambaris Resina have remained largely unchanged from ancient to modern times, involving summer bark cutting from the sweetgum tree to stimulate resin secretion, with collection taking place in winter. Traditional processing methods from ancient times include air-drying, sun-drying, and a combination of water and fire. The active components of Liquidambaris Resina, known for their efficacy in promoting blood circulation and inhibiting cancer cell growth, led to the current Pharmacopoeia of the People's Republic of China preserving the air-drying method to retain these components maximally. Throughout history, there has been a persistent issue of adulteration and forgery, often involving the substitution of pine resin. The Song Dynasty introduced a fire test method for identification, a practice still in use today. This study, drawing from ancient herbal books, medical classics, historical literature, and modern sources, meticulously examines the nomenclature, origin, production area, harvesting, processing, and identification methods of Liquidambaris Resina, providing valuable insights for its authenticity and future development.

Key words: Liquidambaris Resina; Liquidambar formosana; Herbal; Origin